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Exam 1: NUR253/ NUR 253 (New 2023/ 2024 Update) Concepts of Mental Health Nursing Exam Review| Guide with Questions and Verified Answers| 100% Correct- Galen

QUESTION

Clinical Interview

Answer:

Pace: Extremely important to any kind of counseling is permitting the patient to set the pace of the interview, no matter now slow or halting the progress may be.

Setting: Effective communication can take place almost anywhere.

Seating: IN all settings, chairs should be arranged so that conversation can take place in normal tones of voice and so that eye contact can be comfortably maintained or avoided.

Introductions: In the orientation phase, students tell the patient who they are, what the purpose of the meeting is, and how long ad at what time they will be meeting with the patient. The issue of confidentiality is brought up at the intital interview.

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Initiating the interview: Once introductions have been made, you can turn the interview over to the patient by using one of a number of open-ended questions or statements.
Where should we start.
Tell me a little about what has been going on with you.
What are some of the stresses you have been coping with recently?

QUESTION

Cultural Considerations

Answer:

Communication style: For example, within the Hispanic community, intensely emotional styles of communication often are culturally appropriate and expected. French and Italian Americans typically show animated facial expressions and expressive hand gestures during communication, which can be misinterpreted by others. In other cultures, a calm façade may mask severe distress. In many Asian cultures, expression of positive or negative emotions is a private affair, and open expression of them is considered to bein bad taste.

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Eye contact: Fontes 2008 warns that the presence or absence of eye contact should not be used to assess attentiveness, judge truthfulness, or make assumptions on the degree of engagement one has with a patient. Some cultures consider direct eye contact disrespectful and improper. Hispanic individuals have traditionally been taught to avoid eye contact with authority figures such as nurses. In Japan,, direct eye contact is considered to show lack of respect and to be

QUESTION

_Openend questions

Answer:

encourage patients to share information about experiences, perceptions, or responses to a situation. (What do you perceive as your biggest problem right now). (What is an example of something that stresses you).

QUESTION

_Closedended questions

Answer:

elicit yes or no responses when used sparingly can give you specific and needed information. Closed-ended questions are most useful during an initial assessment or intake interview or to get feedback about results.

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QUESTION

_Antidepressants: Tricyclic antidepressants (TCAs)

Answer:

Tricyclic antidepressants (TCAs):
- Nortriptyline (Pamelor)
- Amitriptyline (Elavil)
- Imipramine (Tofranil)

Notes:
- No longer the first-line medications (more side effects, takes longer to reach optimal dose)
- Norepinephrine and serotonin

Side effects:

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